

SECOND TRACT  
OF A  
NEW SYSTEM  
OF  
PHYSIC:  
FOUNDED ON THE  
PRINCIPLES OF NATURE,  
AND NOT ON THE  
MATERIA MEDICA.

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For when the breath of man goeth forth, he shall turn  
again to his earth, and then all his thoughts perish.

PSALM cxlvi. 3:

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M DCC LXX.

1-6.



# PREFACE.

**W**HEN a man sets himself down to write, he may be compelled to it by a fit of the brain, to manifest his vanity or his ignorance; and the hours he is writing may be the periodical returns of his disease. Diseases of the brain are not confined to any climate; for on every degree of the sphere, the brains of men are fertile in errors—but not on any point of the globe do they know it.—It is admitted in most countries, that there are heathens, heretics, and infidels.—The Romanists af-

firm the Protestants to be heretics—the Turks, infidels—and they, in return, call the Christians dogs : and thus the appellation of ignorance and heathenism is beat about all the world over. Every place professes a pure religion, in which no heathenism is to be found.—You may hear of heathens, but they always live in another country——Go where they say they are, and inquire for them—you'll not find them—for they will send you back to the place you came from, telling you, they are there. So it is in some branches of philosophy and physic—And as to error, fraud, falsehood, and deceit, these are all heathenism, and no where to be found in this our small city of London. But notwithstanding there are none to be found, who will confess themselves  
dealers



dealers in sophistical wares, or cry their trade truly, I sell stinking fish, yet, with all the grimace and low cunning mankind are masters of, they are after all but able to throw a gause wrapper over all their deceits. If men were real artists, they would have no occasion to study appearances ; for an artist is like good wine, he need no bush ; nor will he study to be formidable, like a few of the moderns, which carry the bush on their heads. Away with this ; for that which is known to most I have no occasion to point out.

I will explain the meaning of a part of the preface in the first tract, to satisfy the misconceptions of a few ingenuous and good-humoured souls, who have  
applied

applied to me; and as there may be others of the same inquisitive turn, a public explanation will serve them; and it being relative to the argument of the book, may serve to elucidate that, and, at the same time, serve as a preface itself.

The beginning of that preface runs thus: "*That I had not any thing but what might be claimed by every man as an off-spring from Adam, and a branch of that root.*" At present I shall only say, my meaning to this is, That the dust was formed into the fashion of a man—and God breathed into his nostrils, and he became a living soul—afterwards he begat children; these children begat other children; and so they continued begetting, from one to another, till one  
of

of them begat me; and I likewise became a living soul: so this riddle is expounded.—We pass to page 10, where it is said, “*I looked to the earth which I feared, and in its darkness wanted no connexion.*” On this passage they formed this meaning——that I did not like to be buried——but this is stumbling to purpose —— it was no part of my meaning —— my meaning was, The natural dust and earth is the matter that man, and all the beasts of the field are made of. Now, the creatures of the field know not the imperfection of the earth out of which they are, therefore know not their own imperfection——to man was given a more refined understanding; namely, to *know*. —— Now Adam was some time in Eden—the earth of that land was



was pure—and when he was turned out from thence, he did not forget what sort of a place he had been in—being a good judge of the earth out of which he was made—and likewise a good judge of the earth of Eden—he knew the difference between both ; he knew that every thing produced from the dark earth of this world, must be impregnated with the seeds of death——which are concretion, cold and darkness — but he likewise remembered the earth of Eden impregnated with life, that is, clearness, expansion and heat ——Now, he being made a living soul, has not only transmitted into his children, by generation, the natural earth of this world, but a knowledge of the earth of Eden, which is bright and impregnated with life. There-fore



fore I feared the darkness of the earth, out of which I was made, it being the cause of death—and with that darkness I wanted no connexion.

Page 12. “*I craved his name; he smiled, and said it is Adam.*”

God is said to breathe into man's nostrils the breath of life, and he became a living soul.—Now, he was not a living soul as soon as he was fashioned; but he became so in time, after the spirit was breathed into him, and worked its operation downwards; not like the spirits of the chymists, which, like spirit of wine, fly up, and leave the body beneath, or intoxicates and distracts——neither did it lay as the word *incubebat* implies, like a hen sitting

sitting on her eggs to hatch chickens—nor did it flutter like the wings of an eagle, as some have thought—but it acted like spears darting into matter, to work *out of* the natural earth its *essential* and *golden oil*, which is the true life of man; and time augmenting the quantity, it became red, and then man was a living soul—that is, his real substance, and vital oil, becoming the colour of the corn-poppy—then is he named, according to his true nature, which gave him the power of animal motion, and not till then—*Adam*, which is *red*—thus are we sure that his name and real essence are one.

Page 11. “*But yet they are not medicinal; where then shall I turn me to find*

*find them so? He said, pointing with his finger, THERE."*

I may be involving myself in the same difficulty as before, for aught I know; and I may be called on to explain this, as I, in part, was to explain the former preface.—To prevent which, I beg the reader to be attentive, and to make up my defects by the acuteness of his own wit. I will endeavour to perform my part—his is to read with understanding.—Let him remember, that after the man was made a living soul—he was put into Eden—there he gained his knowledge, and learned the differences between things natural and refined, or supernatural—He was turned out from thence, but not stripp'd of that knowledge—and  
what



what was he then to do? why he was to till the ground from whence he was taken.—Now he brought the knowledge, that is, *the How*—out of Eden; for there he learned his philosophy.—Considering these things deeply in my mind, and standing in need of a branch of life, being almost dead— I further considered myself as a legitimate son of Adam—that is, a living soul.— I considered myself as being just turned out of Eden, on purpose to till the ground out of which I was taken—I was to separate the tares and thistles, that is, the imperfections—and bring it to that extreme purity which did not admit of death; an example of which I was shewn (in the place of Adam) when in Eden, the philosophical garden of God.—Therefore Adam, i. e. the first living

living fowl, pointed his finger to earth—  
—saying, *there*, and bid me till it, and  
bring it out of darkness into light ; nor  
give over till I had brought it to the  
utmost perfection——then will the  
blessing of the Creator follow, when his  
will is done on earth, as it is in heaven.

Thus by continual labour on the mat-  
ter from which all natural things come,  
we have arrived to a greater certainty  
in phyfic, than is known by the major  
part of mankind.—But we desire to be  
serviceable to none but those who will  
permit themselves to be drawn by the  
cords of reason.





[ 1 ]

A

N E W S Y S T E M

O F

P H Y S I C.

**S**EEING that human life is beset with innumerable accidents, and with great variety of diseases, which (to a thinking mind) is cause of perpetual fear, there being no regrefs from the grave into this world of light, *till the general judgment and renovation*, a man may readily be

B excused

excused prying into art, for remedies to multiply his days, and to alleviate sickness and sorrow.

Neither with justice can professors themselves be angry with one who has tried their skill in vain. Let them not take it amiss for one poor mortal, *like a stricken deer*, to steal into a corner by himself, and there wait the progress of death, or by *meditation* gain a knowledge, which may retard the pageantry and fashionable retreat by the rules of art.

Instead of its being the motive to envy, they may consider, if it were their turn, they would, like me, beat out of the dogmatical circle, could their intellects point out a more rational

tional haven. The young physician, whose juvenile practice has not had many falls, may conceive that he has discovered specifics, and many infallible remedies ; but, Earth ! Earth ! thou art the best specific for the young and new physician, and till they are well acquainted with thee, they seldom mend the error of their vain conceits.

It becomes me to be careful not to condemn or disapprove the theories and practice of other men, before they are considered with the candour of a Christian reasoner, and weighed (as near as I can) in the equal ballance of impartiality.

But as every man lays his claim to a judgment over the writings and works

B 1

of



of his fellow creatures, and forms notions, good, ill, or indifferent, according to the measure of intellectual knowledge God has bestowed on him, and that measure in each man, being his director and guide of life, it may be the happiness of many to have an abundant measure—a few to have a slender—and a small number to have a slenderer measure. But as the great, slender, and slenderer measure, may manifest the intelligent, the indifferent, and fool, all of whom make up the company of the world—it becomes therefore one as well as another, he who writes, and he who reads, to be passionless, least he prove himself a being of the last class.

If

If a reader does not divest himself of prejudice, he may be kept back from penetrating into the recesses of the writer's mind ; this may happen by his fondness for the opinions of former authors, which may lay so close to him, that he feels as it were a pain and fear of being dispossessed of their notions ; so that when he reads, 'tis carelessly—such a reader will have a light harvest from his tract. For example, already under a little mask of satire, I intended the reader's benefit ; but if he is wedded strongly to old principles, he missed his unprejudiced path, and gained nothing ; therefore it may be the reader's interest to keep his spirit free—for then, if he feels old notions torn from his sides, by the force of reason, it will be for his good.

It

It was a very difficult task for me, to turn my thoughts into a rational mode of enquiry ; for when I looked into the books which treated of common physic, I could not discern any reason in the application of their remedies, but an uncertain jumble of receipts, which every physician collects, according as the several authors recommend, or his own enthusiasm points out ; and, when he finds these fail him, he varies his practice, and looks again into his books, and tries afresh ; these being as uncertain as the former, he tries again and again ; thus bound to incessant labour of culling receipts, and observing their effects, which arises only from chance.

The



The chief wisdom which the physician gets, in this uncertain labour, is a knowledge of the critical times and changes of the disease, which he uses as specimens of his profound sagacity, by gravely saying, about such a time we may expect a change. Thus the appearance of his wisdom may be collected from innumerable cases before, by having his wit and labour dashed to pieces, by the repetition of those sensible hints given him by that tyrant Death.

These observations made me look about, to see if God had not laid in nature a foundation whereupon to build a rational science—that I might hope to live out the days of my appointed time.

From

From Galenicals, I applied myself to Chymicals: there I found numberless preparations, and ways to compound and decompound bodies, without rational and certain applications of the preparation or composition to the cure of diseases. These not answering my end, I began to consider whether there was any reason to believe that there ever had been a more true physical science, whereby men multiplied their days.

My thoughts soon carried me to the history of the Patriarchs.—But then I had heard it objected, that their years were not solar like ours. I once believed the contrary, from Noah's account of going into and coming out of the ark—for he went into the ark  
such

such a year, such a month, and such a day of the month, and describes his coming out in the same manner—from which I concluded, from his account of years, months and days, that his measure of time was equal to ours, whatever some are pleased to object.

From the last premised argument, I began to conceive it possible, that the older the world grew, more vain men might grow in human learning the farther they are removed by time from the simplicity of our early fathers. This conjecture I thought not very unnatural; that as the ages grew more vain, they might depend more on their own wit and judgment, than on the principles and knowledge of nature for  
true



true remedies. When I considered the matter and composition of medicines, I thought it a proof thereof—or the great vanity, or errors, of the human intellect ; for I have always observed, that carpenters mend wood houses with wood — bricklayers repair decays with brick and lime—and mechanics in general mend mechanic works, with the same materials the work itself was made of ; nay, down to cobblers, I have observed (I know not whether I can be credited) that they mend their shoes with leather.

Among the foregoing artists, there seems an invariable rule, that they connect, repair, assimilate, make strong, and perpetuate from like principles : they, from simple nature and mechanic  
obser-

observation, find, that stone and wood will not join, so well as wood and wood—neither do I believe that a carpenter ever tried to mortise and tenant stone and wood together ; neither is it common to join oak and elm, notwithstanding they are both wood, yet too dissimilar ; but it is common with artists to join elm with elm, ash with ash, fir with fir, and oak with oak ; but these mechanic arts are seldom followed by men of deep literature, which I conceive a benefit, otherwise there might be danger in carpenters mending houses with rags, or a bricklayer with cobwebs ; or they might attempt to build houses with the foundations in air, and the roofs downwards.

This

This may seem beside the argument, till the men of profound erudition are considered. I have known men come from universities, some with their heads full of Latin, Greek, French, Italian and German ; others with astronomy, algebra, and geometry ; and constant attendants on medical, chymical and anatomical lectures : I have known men thus gifted, thus accoutred, taught by university professors, turned out with a hundred comical propositions in their heads, viz. to mend mens constitutions with pot-ash, ashes of lead, tin, bark, wormwood, antimony, honey, valerian, and many other curious materials ; all which, no doubt, they believe very similar to blood and flesh. — Now, if they can prove that  
men

men originally were made of pot-ash, faccharum saturni, or antimony, tin, bark, or any of those things—then they may prove, from the principles of like things attracting like, that men are pot-ashes, antimony, tin, bark, lead, or whatever they are pleased to mend them with ; and no doubt, by their learning, may be able to prove the relationship and consanguinity between man and tin, or the bark of a tree, and may cousin him to any other matter they are pleased to administer.

From hence it appears to me (it is my want of erudition which make these things seem so) that the learned physician is not unlike the absurd mechanic that would mend with rags and cobwebs, and build the tops of houses  
heavier



heavier than the bottoms ; and therefore to inhabit them, would be as dangerous as taking physic, because their foundations are at top, and their roofs beneath.

There is hardly any reason sufficient to convince those, who have been practised in errors many years ; for, in general, the better we are acquainted with any thing, the harder it is to part with it ; this may be observed by the shifts in argument men are sometimes reduced to ; for I have heard it often said—if these things are so, do you think that such a man as ———, or such as ———, or as ———, would not have seen and known it ; men of their genius and learning. Besides, the universal consent of mankind is in their favour,

as

as the patrons of learning and art.— Thus they give up their reason to the general credit of their favourite authors ; this being the common practice of mankind, adds to the greater credit of those authors. So it becomes as difficult for the artist to believe any thing out of the circle of his usual readings, as for a chicken to acquire a knowledge of this world, before it comes out of its shell.

Again, men when in health nourish themselves with animal flesh, which they prepare by fires, that it may approximate nearer to their own natures.

The reason and real use for the preparation of animal flesh is not much considered by every body.

But

But if healthy persons require a sustenance which approaches nearly to their own natures, much more so do sick persons require it ; nay, the more they are sick, the nearer to their natures should their physic approach.— But, on the contrary, the weaker, and the more incapable of digesting any thing, the more heterogine and incapable of being digested is the physic. If it be answered, that diseases are cured by contraries, I admit the axiom may be true, and yet the application of it may be false ; for, in the use of contraries, men should be sure they know the principle wanting — if they know not that, they know not the cause—therefore know not what the contrary principle is ; so they can make no application to that they are wholly

wholly ignorant of, therefore must fall under the censure of Norton :

Their practice falleth far behind,  
When knowledge of the cause is not in mind.

It is hardly possible to reason people out of established notions, though they are absurd : for there are people equal to any absurdities, which encircle their intellects as it were with a shell they always carry about them ; nay, sometimes they permit this shell to dilate, and their hobby-horse to grow larger, till it environs and encrusts over their very senses.

Therefore it is a kind of charity to bring an argument down, till it falls within the reach of their wit, and be-

C

fore



fore we shew our judgment of the principles of nature, we shall lay the following argument, as a theory, before them.

There is an antient injunction or command for the multiplication of things in kind; yet, if the injunction or command be not allowed, it may nevertheless be observed throughout all nature, that there is a strong passion in every being to multiply its kind: this instinctive passion it is, which makes a man fond of a woman, and the lion of the lioness, &c.

To this passion, men give the name of Love. Now, this passion is mostly founded on the doctrine of mixture; for the sameness of mixture preserves the

the generation of things in kind, that is, the generation of things of the same mixture, for mixture is kind, and true love is an attraction only of like things ; while things dissimilar are repugnant in proportion to their dissimilarity.

There certainly is shewn as much wisdom in the elementary mixture of the atoms making or producing the form, as there possibly could be in the form being made, without having regard to mixture ; and unless wisdom and care had been observed in the mixture, how could there have been an attraction of like qualities ? and if there were not a generation or attraction of things of like qualities, how could there be a continuation or perpetuation of beings of like kind ; since 'tis ob-

servable, that the production of beings, by the mixture of semen out of kind, is not capable of generation, as we have an instance in the copulation of the mare and ass, whose production is a mule, and whose generating principles, from an heterogeneous mixture, are incapable of further extension.

Now, if the mixture of unlike atoms in the seeds destroy the species, as the example between the mare and ass, can the life of man be perpetuated by unlike atoms of matter, as chalk, tin, antimony, &c. all which, none will be found to say, has any affinity, similarity, quality, or consanguinity with his nature.

If

If this doctrine of the unity of the principles which compose the elementary mixture was not true, we should soon see that lust would be created between the bull and bear, the dog and ass, and perhaps man with many beings : but in wisdom it is otherwise ordered ; for the greatest love is between objects of the nearest unity, quality or mixture ; and the nearer they approximate in quality and mixture the more ardent the passion, the more remote the mixture the more indifferent, and when quite remote, instead of attraction and love, there is hatred and repulsion.

Again, were the measure and proportion of the elements in every seed alike, there would be no difference in  
the



the specific quality of things ; there could not be that variety we now find, but all things would wear one face and one quality. But the contrary we find, that every species of beings has distinct qualities.

It is further pretty evident, that were the proportion of fire to air, air to water, and water to earth, the same in the semen of a horse as they are in a cow, there would be no difference between those animals, the mixture in the seeds being the same which produced them. Therefore, since we absolutely find a great variety of beings and things in nature, and that one being cannot copulate out of its kind (which is unnatural, and seldom ever attempted) and preserve its species,

and

and wisdom itself so ordained, that the strongest passions should be created by things of like quality and mixture, demonstrates that there is observed a proper and appropriate mixture of the elements in every feed, which constitutes a different quality to each; and amply proves, that every thing is made in number, weight, and measure.

To apply this to the argument: It is clear, that atoms in their least parts will not resolve one into another, unless there is a likeness between them.

Neither will any sort of atoms enter into the blood or constitution of a sick person, unless there is a likeness between the particles entering and entered.

How

How then can chalk, wood, metals, &c. enter, which are frequently administered in the cure of diseases? It may be objected, that they are given to correct the acrid juices; to which I answer—that they should diligently consider what juice constitutes the atoms of the tin, chalk, salt, &c. and the quality of the juice or humour in the patient; if they are ignorant of either, it throws their intention to the ground—if they know both, do they know that one will correct the other, or how often do they prove their conjectures to be true, by demonstration?—I fear never. And did they know of what quality the juices in health should be, I much doubt, if they had the juices of the sick under their eye, whether they could correct them by any appli-

application in common use, *either by decoction of woods, testaceous powders, nitre, vitriol, salts, &c.*—And if the capability of doing it out of the body be doubted, the doubt may be greatly heightened by any attempt to do it (by these means) in the circulation.—For, whatever care may be used in levigating or resolving the atoms administered, and thereby many small particles made capable, by their minuteness, to pass into the vessels, and to be carried along with the blood for a time ; yet, not being of the quality with that fluid, may first irritate the vessels—and, for the same reason, are not resolvable in the blood, being heterogeneous, and unlike in the elementary commixture or generation of the atoms ; and being particles of another species



species than blood, they either stop up the small vessels ; or, by assembling, precipitate on the cold and extreme parts, and the joints ; or are detained in certain parts, as the kidneys and bladder, and may form concretions there. Thus Death has various ways of access into us, from those things we receive as aliments, and from those we receive from artists as physic.

To the foregoing arguments it may be objected, and asked, how comes it to pass that persons are sometimes cured by the practice of the vulgar medicines. To which it is answered, that due consideration should be had to distinguish between a disease commencing, and a disease confirmed and fixed : for a disorder, in its first approach, may occasion

sion stoppages in the first passages, by  
 feculent dregs, which sends forth abun-  
 dance of foul vapours, fullying the spi-  
 rits, and occasion unnatural heats and  
 frights therein, after which succeeds a  
 chilliness. This hurry, &c. of the spirits  
 disturbs the circulation of the blood,  
 and the whole system is disordered.—  
 Yet a prudent physician, by admini-  
 stering an emetic, and cleansing the sto-  
 mach, and by applying a cathartic, or  
 other such remedy suitable to the deli-  
 cacy or strength of the patient—may  
 recover in a little time the spirits to  
 their usual purity, and the circulation  
 to its usual motion; by this the pa-  
 tient is relieved, and said to be cured;  
 which is not, as I conceive, so proper  
 an expression as cleansing—which is  
 done in the same manner the chimneys  
 are

are swept, and the streets cleansed, viz. by force.

The honest physician, in giving a serious attention to the delicacy of the patient—in applying appropriate materials for cleaning suitable to the strength—and not apply too strong, nor too frequent, yet strong enough to remove excrements—and not so strong as to debilitate and waste the strength, and hurt the constitution, by forcing out juices which should be retained within—such a person, whose sober attention is so watchful, cannot be too much revered, nor too well paid. But yet this does not fall so much within the subject of my enquiry, because rhubarb, jalap, emetic tartar, antimonial wine, mercurials, or any thing else given to vomit  
or



or purge, and any other means which are used to expel excrements, superfluity or humours—by bleeding—blistering, or any other way whereby evacuations are caused, may be considered as instruments in the hands of the physician, similar to the instruments in the hands of the scavengers who clean the streets, as the shovel and broom. But sometimes it so falls out, that the rubbish is incrusted, or soot may bind too fast in the chimney—so that it is necessary to use more pointed or forceable instruments, as the scavenger the pick-ax, to loosen the crustaceous rubbish.—or the chimney-sweeper a scraper.—Now if the scavenger should pick up the stones in the pavement with the rubbish, he spoils the street. And should the sweep with his scraper root out the  
mortar



mortar which cements the bricks of the chimney with the foot—he spoils the chimney, and the smoke will penetrate through the joints of the bricks—and the chimney is thereby ruined. — So in like manner it is more easy for the injudicious artist to spoil the interior coat of the intestines, which may be considered as a street of the body, and commit other violences to other streets, lanes and allies therein, by his pick-axes and scrapers, which he sends into the body as his workmen.—The chief misfortune in this case is, that these workmen are all of them inanimate—some going on in their course with violence and sharp-pointedness—digging up all before them without distinction ; some again so passive, that a scavenger should follow them to clear them

them out of the way, they stop up the streets, lanes and allies so fast.—Thus life, is sometimes let out by the former, or the spirit thereof choaked up by the latter—through the doctor's not having much understanding—and these workmen, no understanding at all.

The matters and corpuscles of which purges and vomits are made, having an affinity with combustible and putrefactive spirits, enters immediately into correspondence and contact with them. And being very little better than excrements themselves—when they are too strongly given, and the superfluity of the body is discharged by a part thereof—and a part thereof remains, having nothing to work on—the

the

the volatile spirits may be received into the blood and circulation, to the destruction thereof, and the fixed and more corrosive spirits may lie, and destroy the mucus which surrounds the fibres and the small vessels every where in the body.

*The bodies of all natural things, whether of our food or physic, are generated and made of a dark feculent and combustible fume, arising from the two inferior elements of earth and water—and differ as much from our vital spirit, and the oil of our life, as earth and sun-shine. This being the cause of dilatation, heat, light and life, and that of astringency, contraction, cold, blackness and death, it is no wonder, therefore, that our passages are so liable to be stopped, through which  
such*

such abundance of foul humours are obliged to pass : 'tis a dirty road, that by intemperance often wants cleaning. *For when the more pure and heavenly principles, which animated the vegetables and animals of which our aliments are composed, are drawn out by the spirit and oil, or animating principles in us—how filthy is the residue—how great the quantity, which in time suffocates and destroys us. It appears to be the utmost bound of the intention of the physician, and the utmost power of the *Materia Medica*, to purge out and cleanse the body of those corrupt feculencies, or, as it were, the sooty remains in the passages, collected by the continual passing of the volatile fumes of our aliments, which may adhere in the vessels, something similar to the soot in our chimneys.*

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When



When these dregs first offend, the common medicines may succeed ; but when they are retained long, they poison the blood and spirits in their circulation—which changes the true animal heat, and constitutes a real disease, which then spurns at the common medical art. I have known the time (believe who will) when a consumption, dropfy, stone, gout, fevers, and many other diseases (caused mostly by the foregoing fumes) has removed the patients from this world of light—and left the learned and wise-looking physician nothing to reconsider, but *himself* and his *physic*.

There may be those who believe that the vulgar medicine is able to cure diseases—But the more they examine the matter, the less they will believe it—  
being

being only able to expel excrements and purge the humours; and that with uncertainty—for frequently one humour is expelled instead of another—by which a *real disease* arises.

The principles which constitute the essential part of the blood and spirits, they are not able either to alter or move, these being *real*, and not *imaginary* essences, are out of the power of the whole matter of phyc; all of which being mere natural bodies, abounding with their own excrementitious filth, they cannot approach, or by any means come near to work an alteration in the *essential principles of life*; for by these they are repelled, on the doctrine of unlike qualities.—And it is totally out of the power of natural a-

toms, of any form or size, to alter them  
—*they being much more pure, and ap-  
proaching to a heavenly nature.*—For,

“ The *principles* of things no force can break ;

“ They are too *solid*, and all strokes too weak.

LUCRET.

And as to the mechanical doctrine of attrition, the very notion excludes a solution of atoms by ingression, therefore the wisdom of those mechanical opinionists vanish, with their unhappy patients, to the ground.

Besides, how absurd is it to suppose that earth shall govern heaven, direct or alter it—But it is not absurd to suppose, that pure essences should govern, direct or alter the impure—the first are  
active



active—the latter (earth and water) passive—and made to be acted on, altered or transformed.—How absurd, how foolish is it, to take passive, impure, feculent matter (such as the *Materia Medica*) to cure *real* diseases, which want an alteration in the active and pure principles that give life and motion.——How vain is it to expect *heat* and *motion*, from bodies merely natural and passive, every particular species of which are immersed in their own earth and water, which is cold and passive.——It is reasonable to expect, that bodies which are *pure* and *thin* should give motion to those which are impure and thick; and not the latter to the former. For,

“ What



“What raise the *limbs* in *leaping*, what, control

“ And guide their *motion*, but the *subtil* soul ;

“ Which shows the *mighty* force of things re-  
fin’d,

“ When ty'd to others of a grosser kind,

“As air to earth, to our gross limbs, the mind.

LUCRET.

If man considers himself as the most noble of the Creator's works—he will consider the brute animals as less noble.—He will likewise consider, that vegetables are less noble than those, animals having a sensible spontaneous, and vegetables only a local and sensitive motion—these must give place to animals, they having perfections in their favour, by being not only able to move where they please, but when they please—Now as vegetables give place to animals; so minerals and metals must give place

place to those ; for the generative and sensitive motions of vegetables are much more quick than the sensitive nature of minerals and metals\_\_\_\_\_as vegetables spring, flower, and ripen in a few months when minerals and metals are not moved to their perfection but in many years. Now, as motion is the principal criterion to which we ascribe living perfection, and as man has particular and refin'd movements of the mind, which gives him advantages over the rest of animals, by which he claims his pre-eminence in the scale of nature—so those substances which are more remote from those delicate motions and sensations, are nearly allied to inanimate matter, and more remote from human life ; yet all of them are creatures of the same creating spirit ; and according to their  
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more remote state and quality are called *superior* or *inferior* beings (or more properly vessels) of greater or lesser glory.

The nobility of man's nature seems to me to be in the operation of his *mind*, the *motion* of which creating a divine *beat*, and acting on the purest spirits of his brain, are nearly similar to those spirits in the heavenly ethereal sphere, which gives essential virtue, life and motion to the lower spirits in the air, that impregnates the passive natures of *water* and *earth* with *motion* and *vitality*.

In like manner the *mind* acting in those most subtil *spirits* in the brain, (the seat of imagination) creating a motion



tion and heat, influences the animal spirits in the blood, which convey to us the pleasures of sense—those impregnating with *motion* and *vitality* the flesh and bones, as the air and spirits of the great world do the water and earth.

This may be conceived as straying from the matter in hand : but if the reader will keep up and follow me close, he shall find it pertinent and to the purpose — otherwise he reads in vain.

It has been demonstrated that no natural substance, taken as physic in disease, can benefit the blood ; for if the particles which compose tin, antimony, bark, chalk, or any thing else given as physic ; I say, if the least atoms which compose those things should



should be some a hundred, some ninety, some eighty, some seventy, and some sixty times bigger than the atoms which compose the vital part of the blood—How can they join, if there be no equality of size among the atoms?—Now, if the corpuscles of which tin is made, are of the size of the atoms which compose the vital blood, Where is the difference between tin and blood; and so of every thing else? But as every natural body is specified, and is in colour, taste, &c. even to the touch, materially different——so differ each in their atoms. ——How then can the atoms which compose one natural body, mend the defects or disease of another, when their atoms are specifically different in size and quality? But the moderns believe they know better—for  
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by their applications, they must believe they can join by force——which may prove them rare mechanics ; but, I think, ordinary doctors.

As to my part, I am not so good a mechanic or naturalist as to make atoms come together by force, so as to produce good ends—and for the bad ends, I leave them for the wise and learned, while I consider nature in her simplicity—whereof I'll give an example. Suppose you see a candle burning dull—you snuff it ; yet the light is not bright and clear.—Now, if the tallow is not well purified, there is carried up the wick a quantity of the dirty dregs, by the power of the active spirit or or flame, those dregs not being light enough to ascend into the air with the flame,

flame, are left on the top of the snuff; and there collect into a calx.—Now we will send for a doctor to this disease of the candle—as soon as he comes, he says, I perceive what's the matter—and writes thus :

*Forcipe candela hæc purgatur. f. a.*

And the candle is snuffed accordingly, and burns better by having the calx removed.—If you ask the doctor how his patient does ; oh ! says he, better, much better ; I cured him the first visit. Now remember, the tallow being foul, the flame soon collected another calx, which increased by degrees, the light growing less and less—and as the calx on the snuff increased, the light diminished—and at last it grew so large, that the  
light



light was totally extinguished, and would not burn at all. Here we come in at the death of the light, before the tallow or oil is exhausted; and why?—because the tallow or oil was foul.—So it is in diseases; the doctor would snuf, and snuf, and snuf again; which is purge, blister; blister and purge again, the flame of our animal life—and for a little while after each snuffing, he fancies he has performed a cure—But the calx, the calx, will grow, and puzzle the doctor—it will stop up the vessels, and the flame of life will be choaked, and go out: and why, pray? why, because the doctor turned his wit against the calx on the top, and never look'd at the root or ground—he never once thought of purifying the oil, which was the cause of the calx.—Had he purified  
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the oil, the life of the candle had lasted the term of its predestination, which was proportioned to the quantity of the purified and real oil, exclusive of all dregs.—But the doctor being a little deficient in the invisible act, or operation of thinking, and not happening to warm himself by that fire, the animating flame of the candle expired, to the great wonder of the upright machine and moving lexicon.

This is the primary defect in the study of physic, in following so excellent an art, only by the use of the senses.—Is it wonderful to believe the most excellent art in the whole world should be the most difficult?—Were it possible for the animal spirits of one person to see into, and mend the defects

fects of the animal spirits in another person, then the present practisers of phyfic might boast. For the animal spirits judges either by the eye, the ear, the taste, or the touch ; but further it goes not, therefore it may be considered, whether the cause of diseases, or a knowledge of the principles of life, are attainable only by their use. Life, universally, either in the heavens, water, earth, animals, vegetables or minerals is every where governed by a *secret heat or motion of their spirits*. Now the *defect* of motion lies not in the place where it becomes visible ; for if the disease lay there, we might all turn doctors, and say, snuf the candle ; for every man hath an animal sense to see.—So when the lungs are choaked up with phlegm — they study to bring it up easily,

easily, which is still snuffing the candle—the cause is not there.—When the feet, knees and wrists are swelled with the gout, to look no further than those parts to cure, is still snuffing the candle—the cause is not there. Nay, the new doctor from Liege, being twenty-two months in his operation, must be snuffing the candle, for this one reason: If his remedy has a natural affinity with blood, it will soon coalesce, and be resolved into it—and were it a natural remedy, or a remedy in kind, his twenty-two months proposition would not be twenty-two hours; but as I fancy his remedy is not a remedy in kind, as a common trader, it would make better for him, that his patients pay him his hundred pounds down; he may then desire them



to exercise their faith—and that they will find their cure certainly in twenty-two years. And if the faith of the English is great, the foreigner may make a fortune. The circulation of the blood is quicker than the circulation of the seawaters—and if he cannot do that business in three, or twelve days at most, and work a great amendment in every curable disease in six weeks — he is a snuffer in the theatre of nature's impediments.—So when water is in the belly, they tap—and snuff the candle there; and so of every other disease. Now the man who follows this mysterious and wonderfully hidden art, and applies himself only to the apparent defects, is guided only by his animal spirit—which is his God and director;

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for I believe that to be a man's God by which he is governed.

Now the animal and sensitive spirit, which directed the doctor to snuff the candle, being the same kind of spirit with that which constitutes the disease ——— the doctor by no means was, nor is able to penetrate further than his animal spirits will carry him; and when the disease becomes the object of his eye, ear, nostrils, tongue or touch, then he gravely perceives 'tis there, and there he will cut it off; then *Forcipe candela hæc purgatur. f. a.*

It manifestly must appear to the serious and thinking mind, that the cause of disease is hid—and that it is the ill effects

effects of this hidden cause which is manifest to the senses—so the necessity follows, for him who would follow this wonderful art with respect and real fame—to be endowed with a more *subtil heat or spirit*, than the animal heat, or animal spirit; otherwise he cannot penetrate into the cause; which if he does not, he is but a common doctor, and may class in the same form with animals, who have no other director but their senses.

Now, it is beyond the power of men, guided only by the heat which the animal spirits create, to form even the possibility of a superior art; for was the *pure, subtil heat and spirits*, which actuate those men who are able to search into causes, *to be in subjection* to the im-

pure, gross, hot and furious animal spirits of those men who are guided by animal sense only—then water would rule air—air rule light—and the orderly nature of every thing thrown into a chaotic confusion from inferiors.

But the contrary is true—the water is moved by the air; but the water knows it not: air is moved by the light; but the air knows it not.—So in like manner must diseases be driven out—by agents more subtil than those which brought on the disease.—So that by administering a more subtil heat than the animal spirits create, the disease is melted, as cold air or fumes are dissipated by the approach of heat and light; because the heat and light is more pure and subtil than fumes air :  
yet



yet those fumes and vapours are not sensible of the cause of their motion and dilatation. So a man in health moves ——but the agent which moves him, he feels not — as air moves the water, but the water knows it not; and so of the rest of elements—the heavier being moved by the lighter.—I have been the fuller, because it should explain a passage complained on as obscure, by several serious and well-minded gentlemen, both foreigners and natives, in the first tract, with the same title as this; wherein, as well as I remember, 'tis said, that diseases should be expelled like frost, when the sun enters the vernal equinox.

Now, if it is true as asserted, that diseases are to be driven out, by agents  
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more subtil than those which brought on the disease, where will they be found in the *Materia Medica*? that is, agents more subtil, yet withal homogenial to the balsamic oil of man.—If on looking over the dispensatories, antient and modern, no such homogeneous agents can be found, what then? — why still men will follow, though in art they find nothing.—They will vindicate the practice of the *Materia Medica*, and keep it up; but few from conscience I believe, but from the necessity they are under to supply the demands of life, that by it they may find a *recipe* for their empty pockets.

It is certain that men may learn from books the words of what language they will, by the use only of two senses, the  
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eye and ear, and may follow the practise of phyfic by the use of three of the senses, the sight, the smell and touch—the fifth sense, the taste, seems calculated to receive the pleasure arising from the profit of the other four. Therefore,

“ Oft do those tenets which are held divine  
 “ Spring from full bellies and heads charg’d  
 “ with wine.”

VIRG.

It may be possible for men in this world to be esteemed as learned, to understand many of the human sciences, as astronomy, geometry, algebra, phyfic, and many other arts, with less than the use of all the senses—for what has the taste to do with any of these arts.

—Now,

—Now, it is the activity of the animal spirits, which are diffused through the blood, flesh, and all the parts of the body, which gives motion to the whole frame ; yet in health no part of the frame feels them there :—the reason is, because the spirits are more subtil than the parts in which they move ; yet if men use *no spirits more subtil than the animal*, are they other, or better, than the creatures which are sacrificed full of animal spirits for their support.

The spirits in any being are its internal heaven. Cows, horses, dogs, and all the four-footed race, have no other governor or director, than the animal spirits ; and the propensities those spirits excite, are called their instinct. —It is very easy to make men soon confess  
another



another superior influence, than those of the animal spirits; and it is as great a difficulty to bring those superior spirits into use.—The reason is clear, because it is out of the power of the animal spirits to comprehend any thing of spirits more refined.—This renders it absolutely impossible for such a man, who judges only from appearances, to understand any thing of superior physic, because it has to do with agents superior to himself, and falls not within the sphere of his wit.

To demonstrate again the necessity of administering a more refined agent than the animal spirits, in the cure of diseases, we must consider again where the disease is.—A disease is in that place, or vessel, through which the animal



mal spirits cannot pass.—Now, if the animal spirits cannot pass, much less can any particles more gross than those which compose the animal spirits; therefore it at once expunges all chalk, antimony, &c. however prepared, because the particles which compose these bodies cannot be diminished—and by their nature and quality are abundantly larger than the *corpuscles* which compose the animal spirits. Wherever the animal spirits move, there is a heat in the vessels, which is the consequence of their motion—and in the vessels, thro' which they cannot move, there is cold, the effect of their cessation, which is the ensign of Death.—To regain a circulation in those vessels, there is a necessity for agents more subtil than the animal spirits, to perform so wonderful

derful a work ; and these subtil agents should be still homogeneal to the vessels through which they are to pass.— For if the usual spirits could have effected this, there had been no disease ; and as they could not, it must be performed by agents much more pure and more heavenly than those. But more ingressible agents, and homogenial, cannot be comprehended by men, who are only guided by animal spirits ; for no man can prepare a medicine more refined, than those spirits are, which gives him his understanding.

From hence it is demonstrable, that the cure of diseases is beyond the reach and power of common remedies, and common men, to effect ; and the understanding of true physic, exceeds the know-

knowledge of those who practise only the logic of the senses.

I think I have said enough on this subject, for this time, and drawn together many arguments to support the necessity of a more pure medicine, to expel diseases, than is to be found in the vulgar medicines.——Notwithstanding the preceding arguments, I will endeavour to add another, which is — The law of nature I believe to be one law only—the language of nature one only—the weight of elementary mixture to each kind, one only—the name to each, one only—and the measure to each, one only——For, was the proportion of the elementary mixture alike in each, there would be but one weight, one measure, one name,  
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and one kind—but we find it otherwise ; for there are variety of kinds, of names, of weights, and measures

If the variety of beings are made by the varied proportions of passive natures, earth and water wove into each, with the active agents air and fire—it follows, that mortality is innate in their very mixture ; for, was the harmonical proportion of elements so exact that the fire could act in air and water, and not be suffocated, and the air and water act in earth and not be choaked, the production, by the activity of air and fire, would, by working out themselves through the earth and water, be a pure substance, as gold.—But in all particular species, and inferior things, the corruption of passive  
natures



natures stifle the circulation of the active ; therefore, corruption taking place through water and earth, in the generation of things, produces impure and mortal bodies.

If therefore it be admitted, that the earth is under the curse of impurity—every thing which naturally grows (in most climates) are of equal natures ; that is, under the curse.—Then man cannot be more pure than those elements are from which he was made ; nor more pure than those things on which he feeds —nor those things more pure than the earth which produced them.—Therefore the impurity or curse of the ground, being transmitted into his aliments——adhering to the same impurities and curse, in his  
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own substance, in time fullies his spirits, destroys the temperature of his heat, by stopping up the vessels, and making his blood black and earthy—— which finally is the cause of his death.

Now, I think it appears absolutely necessary for the physician to know how to remove the curse of impurity from the matter of his physic — this is one difficulty. The next is, to know what matter to take for physic. The third is, to know, *à priori*, what properties his medicines should have, when purified—and the fourth difficulty is, the mode of administration.

To the second difficulty, the knowing what matter to take for physic, the practisers

practisers in the *Materia Medica* may be at some loss.

The first difficulty they may affirm to be impossible ; the absolute purification of the medicine from the curse, and impurity of nature. Notwithstanding any man's belief to the contrary, the thing is possible ; but in this science there is no medium.—If a man be ignorant, he knows nothing about it—if he knows any thing, he knows what the impurities are—if so, he may as well purge them out perfectly, as leave his work imperfect and partial—*ergo*, there is no medium ; a man is either an ignorant in those things, or a master.

To these considerations it will be no wonder to me, having made many reflections

lections on the judgment and practice of mankind, to find nine tenths of the physical people to object to every idea herein produced, declaring it absurd, chimerical, and impossible.

But all their objections of every kind are by the following remark put aside—which is, That what is to be known in this great and wonderful art, they have not thoroughly learned ; therefore know not what may, or what may not be done by it. They may give their opinion or belief, but these uncertain terms are not able to shake an argument which has experiment for its basis. The writer would be happy, could he give his subject a pure and critical garment, and dress it with the flowers of language. He is content if the

F covering



covering of his thoughts should be torn in pieces now, because his master formerly spared his breech. Yet the reader will be benefited more, by not going to law with the letter; as the subject is spirit, it may perhaps, like gun-powder, fly away. However men are learned in other branches, their being ignorant of this, all objections founded on their disbelief, which only arises from their not knowing anything about it, are not worthy of answer—for you may as well reason with a deaf man, who cannot hear at all, as with the man who understands not the science he is disputing about—I know not what obligation there is for one man to convince another, unless he can be invited to it, by the obligingness and good humour of him who desires and seriously wishes to be informed—

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ed—which is not likely to be the case with many.—However, I think the best conviction I can produce, in support of the truth of this little tract, is the *doing* continually, without any sophistication, what every physician is not able to imagine, much less able to effect. This little argument, which is founded on experiment, silences the foolish quibbles which frequently hang on the tongues of indifferent artists——unless they are very ignorant, through which misfortune they are sometimes very shameless.

I do not believe that the appearances of old age are altogether brought on by time—but may appear at any age—from an imbecility of the constitution, arising from the impure spirits of the  
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semen in the parents; and may soon occasion a consumption, and many other diseases in the children: or men may contract an impurity themselves many ways, which may bring on the appearances of old age before the usual time——For, if the animal spirits are foul, it matters not a rush who made them so, whether our parents or ourselves; for in so long a circulation and time, the foulness conveyed into the smallest nerves and fibres, stop them up, and death is there—when they become cold for want of the motion of a circulating spirit through them, the senses, which used to be conveyed through the passages, are shut out. In longer time, the vessels a little larger, by the foulness of the spirits, are likewise stopped up—and the same misfortune and ill consequences attend



attend those as the former, that is cold, senselessness, and shrivelling, and withering of the flesh, which those stopped fibres and nerves surround, and filled with spirits when unstopped in health and youth. This is the ocular appearance of age; and thus vessels of a larger size stop up in longer time, only by the filth which the spirits themselves convey; so at last the blood grows black in the veins and arteries, cold and motionless; and all this train of evils, pains, sickness and sorrows, senselessness and death, arises only from the impurity of the spirit.

Those, therefore, who can unstop the vessels, and occasion a fresh circulation, in real diseases, are able to retard death, by bringing in a new  
circula-



circulation, which would create new heat to the more ancient——For age is not constituted by time, but by disease; which happens to all ages, from three years old to a hundred——For death comes on mankind by piecemeal, by stopping the motion of the spirit in the smallest nerves first—then successively going on to stop up the rest, and gradually decreasing the heat and sense; and then the veins must feel the weight of the fumes of the original curse, which at last congregate in a footiness that arrests the motion of the arterial blood. The artist who can unstop the vessels, and occasion a circulation, bids fair to support himself, till his oil and radical juice or moisture is fairly exhausted; then he must yield, not from disease and defect, as  
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in common cases——but because he has no more oil in his lamp to support the animating and active flame of life ; in which case he may fairly be allowed to have lived out all his days—which I think cannot be said of any other person.

F I N I S.

